

# HIGH SCHOOL 2 COURSE AND MEAL DEAL MENU WEEK: 1

AUG 18 -19

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAINS</b>	<b>FISH FINGERS &amp; WEDGES OR SWEET CHILLI CHICKEN &amp; RICE</b>	<b>MACARONI CHEESE &amp; CRUSTY BREAD OR COTTAGE PIE &amp; DAILY VEGETABLES</b>	<b>CHICKEN CURRY RICE &amp; NAAN BREAD OR TOMATO PASTA WITH GARLIC BREAD</b>	<b>SPAGHETTI BOLOGNAISE OR COSMOS PIZZA WITH SPICY WEDGES</b>	<b>FISH CHIPS &amp; PEAS</b>
<b>MEAL DEAL 1 SNACK + DRINK + BIS/FRUIT</b>	PIZZINI	MEATBALL SUB	PIZZA	BURGER BUN	HOT DOG COMBO
<b>MEAL DEALS AVAILABLE ALL WEEKS</b>	<p><b>MEAL DEAL 2 - PANINI &amp; DRINK ✓</b></p> <p><b>MEAL DEAL 3 - BAGUETTE/SUB ROLL &amp; DRINK ✓</b></p> <p><b>MEAL DEAL 4 – SANDWICH &amp; DRINK ✓</b></p>				
<b>AVAILABLE ALL WEEKS  EXPRESS</b>	<p>HOME MADE SOUP ✓- PASTA KING ✓- SALAD &amp; PASTA BOXES ✓- BAKED POTATOES ✓- PANINIS ✓</p> <p>ROLLS &amp; SANDWICHES – HOT MAINS SPECIAL ✓ TRAYBAKES – MUFFINS - DAILY SWEET - FRUIT JUICE- MILK- COFFEE</p> <p>HOT CHOCOLATE- SPRING WATER - CHILLED DRINKS – FRESH FRUIT – YOGHURT</p>				

ALL ITEMS SUBJECT TO AVAILABILITY ✓ INDICATES VEGETARIAN ALTERNATIVE AVAILABLE

## HIGH SCHOOL 2 COURSE AND MEAL DEAL MENU WEEK: 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAINS</b>	MACARONI CHEESE & CRUSTY BREAD OR SWEET CHILLI CHICKEN WRAP	BREADED FISH CHIPS & PEAS	HOME MADE LASAGNE WITH GARLIC BREAD OR COSMOS PIZZA & SEASONED WEDGES	CURRY RICE NANN OR MEATBALLS ON A BED TOMATO PASTA	STEAK PIE VEG POTATOES OR TOMATO PASTA
<b>MEAL DEAL 1</b> SNACK + DRINK + PLAIN BIS/FRUIT	PIZZA	BURGER BUN	HOT DOG COMBO	PIZZINI	SWEET CHILLI CHICKEN SUB
<b>MEAL DEALS</b>	<p><b>MEAL DEAL 2 - PANINI &amp; DRINK ✓</b></p> <p><b>MEAL DEAL 3 - BAGUETTE/SUB ROLL &amp; DRINK ✓</b></p> <p><b>MEAL DEAL 4 – SANDWICH &amp; DRINK ✓</b></p>				
<b>EXPRESS</b>	<p>HOME MADE ✓ SOUP PASTA KING ✓ - SALAD &amp; PASTA BOXES ✓ - BAKED POTATOES ✓ - HOT MAINS SPECIAL - PANINIS ✓ -</p> <p>ROLLS &amp; SANDWICHES ✓ TRAYBAKES – MUFFINS - DAILY SWEET - FRUIT JUICE- MILK- COFFEE-</p> <p>HOT CHOCOLATE- SPRING WATER - CHILLED DRINKS – FRESH FRUIT – YOGHURT</p>				

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**HIGH SCHOOL 2 COURSE AND MEAL DEAL MENU WEEK: 3**

**AUG 18 -19**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAINS</b>	<p>SPAGHETTI BOLOGNAISE OR BREADED CHICKEN GOUJONS WITH WEDGES</p>	<p>KILTED SAUSAGES &amp; MASH OR COSMOS PIZZA WEDGES &amp; SALAD</p>	<p>CHICKEN CURRY RICE &amp; NAAN OR MACARONI CHEESE</p>	<p>STEAK PIE VEG POTATOES OR TOMATO PASTA</p>	<p>BREADED FISH CHIPS &amp; PEAS</p>
<p><b>SNACK + DRINK + PLAIN BIS/FRUIT = MEAL DEAL 1</b></p>	<p>HOT DOG ROLL</p>	<p>BREADED CHICKEN BURGER</p>	<p>MEATBALL SUB</p>	<p>PIZZINI</p>	<p>BURGER BUN</p>
<p><b>MEAL DEALS ALL WEEKS</b></p>	<p><b>MEAL DEAL 2 - PANINI &amp; DRINK ✓</b></p> <p><b>MEAL DEAL 3 - BAGUETTE/SUB ROLL &amp; DRINK ✓</b></p> <p><b>MEAL DEAL 4 – SANDWICH &amp; DRINK ✓</b></p>				

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