

## COVID PPE for Home Care Workers

Hand hygiene should be practiced and extended to include the bare forearm after removing any element of PPE and always between service users.

Contact Service User (or other household member) by phone immediately prior to entering their home and ask if they or anyone else in the house:

- Is shielding
- Are a possible or confirmed COVID-19 case (fever/new cough, loss of taste or smell)
- Asymptomatic

If anyone in the house is shielding you will wear the following PPE for the visit:

- Disposable gloves
- Disposable apron
- Bare below the elbows
- Fluid resistant surgical mask (Type IIR)

If anyone in the house is a possible or confirmed case of COVID-19 you will wear the following PPE for the visit:

- Disposable gloves
- Disposable apron
- Bare below the elbows
- Fluid resistant surgical mask (Type IIR)

If everyone in the house is well and has no COVID symptoms you will wear the following PPE for the visit:

- Disposable gloves
- Disposable apron
- Bare below the elbows

Whenever Falkirk is in Protection Level 3 or 4 you will also wear the additional PPE for the visit:

- Fluid resistant surgical mask (Type IIR)

If there is a risk of body fluid/blood splash to your face (for example due to the Service User coughing) you will also wear the following:

- Full Face visor or Goggles

If you are providing care to someone who uses a CPAP/BiPAP you will:

- Ensure it is switched off at least an hour before your visit, or:
- Provide care in a different room

Regardless of the Protection Level Falkirk is in, if you believe someone in the house has symptoms of COVID-19 or you feel there is a risk of transmission of COVID-19 you can choose to wear the additional PPE:

- Fluid resistant surgical mask (Type IIR)

Single Use PPE (disposable apron, disposable gloves, Fluid Resistant Surgical Face Mask -Type IIR, full face visors and goggles) must be disposed of appropriately after each home visit.