

**CARRONGRANGE HIGH 2 COURSE AND MEAL DEAL MENU WEEK: 1 STARTING: AUG 2019**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAINS</b>					
<b>OPTION 1</b>	CHEESE & TOMATO PIZZA & SALAD✓	MACARONI CHEESE✓ & CRUSTY BREAD	CHICKEN CURRY, RICE & NAAN BREAD	STEAK PIE, VEG & POTATOES	FISH, CHIPS & PEAS
<b>OPTION 2</b>	BREADED CHICKEN FILLET, WEDGES & PEAS	SAUSAGES, BEANS & MASH	BAKED POTATO WITH BAKED BEANS/CHEESE✓	QUORN DIPPERS✓ SALAD & CHIPS	VEGETABLE TIKKA CURRY & RICE
<b>MEAL DEAL 1</b>	PASTA KING✓	HOT CHICKEN WRAP	MEATBALL SUB ROLL	SUPER BEEF GRILL ON A ROLL	CHEESE PANINI✓
<b>MEAL DEAL 2</b>	COLD FILLED ROLLS✓	COLD FILLED BAGUETTES✓	SANDWICH✓	COLD FILLED ROLL✓	COLD FILLED BAGUETTES✓
	SALAD BOWLS & BREAD BASKET AVAILABLE DAILY				
<b>SOUP OR SWEET</b>	SOUP YOGHURT	SOUP TRAYBAKE	SOUP SPONGE & CUSTARD	SOUP FRESH FRUIT	SOUP JELLY & FRUIT

ALL ITEMS SUBJECT TO AVAILABILITY ✓ INDICATES VEGETARIAN ALTERNATIVE AVAILABLE

**CARRONGRANGE HIGH 2 COURSE AND MEAL DEAL MENU WEEK: 2**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAINS OPTION 1</b>	MACARONI CHEESE✓ GARLIC BREAD & SALAD	GAMMON, SWEETCORN & POTATOES	SPAGHETTI BOLOGNAISE & GARLIC BREAD	ROAST OF THE DAY, BROCCOLI & POTATOES	CHICKEN TIKKA CURRY WITH RICE
<b>OPTION 2</b>	CHILLI BEEF TACO'S WEDGES & SALAD	BAKED POTATO WITH CHICKEN TIKKA OR BAKED BEANS✓	CHICKEN GOUJONS, BEANS, BABY JACKETS	CHEESE & TOMATO PIZZA✓, SALAD & CRUSTY BREAD	MINCE, POTATO & SEASONAL VEG
<b>MEAL DEAL 1</b>	PANINI✓	PIE & BEANS	PASTA KING✓ + GARLIC BREAD	BREADED CHICKEN WRAP	FISH FINGER SUB ROLL
<b>MEAL DEAL 2</b>	COLD FILLED ROLLS✓	COLD FILLED BAGUETTES✓	SANDWICH✓	COLD FILLED ROLLS✓	COLD FILLED BAGUETTE✓
	SALAD BOWLS & BREAD BASKET AVAILABLE DAILY				
<b>SOUP OR SWEET</b>	SOUP  ICE-CREAM & FRUIT	SOUP  SPONGE & CUSTARD	SOUP  FRESH FRUIT	SOUP  YOGHURT	SOUP  SHORTBREAD

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**CARRONGRANGE HIGH 2 COURSE AND MEAL DEAL MENU WEEK: 3**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAINS OPTION 1</b>	<b>FISH, CHIPS &amp; PEAS</b>	<b>ROAST CHICKEN, MASH POTATOES &amp; CARROTS</b>	<b>STEAK PIE, POTATOES, MIX- VEG</b>	<b>CHEESE &amp; TOMATO PIZZA√, SIDE SALAD &amp; CRUSTY BREAD</b>	<b>SPICY MEATBALLS WITH PASTA</b>
<b>OPTION 2</b>	<b>HOMEMADE VEGETABLE LASAGNE√ SALAD &amp; WEDGES</b>	<b>BAKED POTATO WITH CHEESE/COLE SLAW√</b>	<b>VEGETABLE BAKE√ &amp; CRUSTY BREAD</b>	<b>LASAGNE GARLIC BREAD &amp; SALAD</b>	<b>FISH GOUJONS, SPAGHETTI HOOPS &amp; WEDGES</b>
<b>MEAL DEAL 1</b>	<b>BURGER BUN</b>	<b>PASTA KING &amp; GARLIC BREAD</b>	<b>PANINI</b>	<b>BREADED CHICKEN BURGER IN BUN</b>	<b>PIZZINI√ Ham &amp; Cheese or Cheese &amp; Tomato</b>
<b>MEAL DEAL 2</b>	<b>COLD FILLED ROLL√</b>	<b>COLD FILLED BAGUETE√</b>	<b>SANDWICH√</b>	<b>COLD FILLED WRAPS√</b>	<b>COLD FILLED BAGUETTES√</b>
<b>SOUP OR SWEET</b>	SOUP  FRESH FRUIT	SOUP  JELLY & FRUIT	SOUP  TRAYBAKE	SOUP  SPONGE & CUSTARD	SOUP  YOGHURT

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